Course Syllabus
Psyc 2301 – General Psychology

Catalog Description: General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes.

Prerequisites: TSI Reading Complete

Semester Credit Hours: 3
Lecture Hours per Week: 3
Lab Hours per Week: 0
Extended hours: 0
Contact Hours per Semester: 48

State Approval Code: 4201015125

Alternate Operations During Campus Closure: In the event of an emergency or announced campus closure due to a natural disaster or pandemic, it may be necessary for Panola College to move to altered operations. During this time, Panola College may opt to continue delivery of instruction through methods that include, but are not limited to: online learning management system (CANVAS), online conferencing, email messaging, and/or an alternate schedule. It is the responsibility of the student to monitor Panola College's website (www.panola.edu) for instructions about continuing courses remotely, CANVAS for each class for course-specific communication, and Panola College email for important general information.

Core Components and Related College Student Learning Outcomes
This course counts as part of the academic requirements of the Panola College Core Curriculum and an Associate of Arts or Associate of Science degree. ☒ Yes ☐ No: If no, skip to Instructional Goals.

The items below marked with an X reflect the state-mandated outcomes for this course IF this is a CORE course:

☒ Critical Thinking Skills – to include creative thinking, innovation, inquiry and analysis, evaluation and syntheses of information
  ☒ CT1: Generate and communicate ideas by combining, changing, or reapplying existing information
  ☐ CT2: Gather and assess information relevant to a question
  ☐ CT3: Analyze, evaluate, and synthesize information

☒ Communication Skills – to include effective development, interpretation, and expression of ideas through written, oral, and visual communication
  ☒ CS1: Develop, interpret, and express ideas through written communication
Instructional Goals and Purposes:

The purpose of this course is to introduce a general study of the field of psychology, covering the board schools of thought and major issues considered in psychology.

The second goal is to familiarize the student with concepts, terminology and important persons in psychology, then to provide an understanding and framework for further study in this area, and to aid the individual in becoming a better consumer of mental health resources.

Learning Outcomes: [from the ACGM catalog]

After studying all materials and resources presented in the course, the student will be able to:

1. Identify various research methods and their characteristics used in the scientific study of psychology.
2. Describe the historical influences and early schools of thought that shaped the field of psychology.
3. Describe some of the prominent perspectives and approaches used in the study of psychology.
4. Use terminology unique to the study of psychology.
5. Describe accepted approaches and standards in psychological assessment and evaluation.
6. Identify factors in physiological and psychological processes involved in human behavior.

Course Content:
Students in all sections of this course will learn the following content:

1. The history and basic theories of Psychology.
2. How research is conducted.
3. The biological basis for behavior from the cellular level to the nervous system.
4. How sensory organs send sensations to the brain and how we perceive that information.
5. The nature of consciousness and altered states of consciousness.
6. What is learning and how do we explain it.
7. What is memory and what are the processes involved with creating and retrieving memory.
8. Cognition: Language and how we use information to problem solve.
9. What are motivations and emotions, and how both effect behaviors.
10. How we develop from concept through adulthood.
11. How do we understand personality.
12. How our behaviors are influenced by those around us.
13. What is stress, how does it impact us and what can we do.
14. What is meant by psychological disorders.
15. How do we provide treatment for psychological disorders and mental health.

Methods of Instruction/Course Format/Delivery:

In traditional face-to-face classes instruction will consist of lecture, class discussion and class room assignments. For online class instruction will consist of the student completing the readings and assignments for each chapter. Hybrid classes will be a mixture of class room instruction with online assignments to augment classroom work. Class attendance is required for face-to-face class and hybrid class and will be recorded. For online class it will be determined by number and length of log in’s and submission of assignments.

Major Assignments / Assessments:
The following items will be assigned and assessed during the semester and used to calculate the student's final grade.

Assignments
Projects: Each semester there will be projects to allow the student to explore in greater detail a concept presented. An example of this would be that for the chapter on personality the student would complete an online personality assessment and then reflect on how valid they felt the instrument was in describing
their personality. Grading for such projects generally comes from the quality of the student’s response, as demonstrated by the length and depth of their response.

Essays: Online classes often have essays for certain chapters. The topic asks them to think about and reflect on the information from the chapter. An example would be from the chapter on learning and behavior for the student to describe a time when behavior modification was used on them. These assignments are briefer than projects, but again points are rewarded for length and depth of answer.

Quizzes: Chapters may have quiz banks of study questions. There may also be practice quizzes to help the student test their knowledge of the chapter.

Other Assignments as determined by the professor.

Assessment:

Tests: There are usually between 2 – 4 tests during the semester covering content from the chapters.

Final Exam: A comprehensive exam will be given at the end of the semester.

Course Grade:
The grading scale for this course may be viewed in the Canvas portion of this class under the Assignments tab.

Texts, Materials, and Supplies:

Textbook: Psychology, by Rosie M. Spielman, published by Openstax, Rice University. ISBN - 1-947172-07-7 PDF Version. The ebook is provided with the class.

You will need to learn to log on to class in Canvas. Chapter notes, power point slides, assignments and quizzes are posted there.

Required Readings:

Psychology textbook

Other:

- Courses conducted via video conferencing may be recorded and shared for instructional purposes by the instructor.
- For current texts and materials, use the following link to access bookstore listings: http://www.panolacollegestore.com
- For testing services, use the following link: http://www.panola.edu/elearning/testing.html
- If any student in this class has special classroom or testing needs because of a physical learning or emotional condition, please contact the ADA Student Coordinator in Support Services located in the Charles C. Matthews Student Center or go to http://www.panola.edu/student-success/disability-support-services/ for more information.
- Withdrawing from a course is the student’s responsibility. Students who do not attend class and who do not withdraw will receive the grade earned for the course.