Catalog Description: A study of the 1) research and theory in the psychology of learning, cognition, and motivation, 2) factors that impact learning, and 3) application of learning strategies. Theoretical models of strategic learning, cognition, and motivation serve as the conceptual basis for the introduction of college level student academic strategies. Students use assessment instruments (e.g., learning inventories) to help them identify their own strengths and weaknesses as strategic learners. Students are ultimately expected to integrate and apply the learning skills discussed across their own academic programs and become effective and efficient learners. Students developing these skills should be able to continually draw from the theoretical models they have learned. (Cross-listed as PSYC 1100.)

(Note: While traditional study skills courses include some of the same learning strategies, e.g., note-taking, reading, test preparation as learning framework courses, the focus of study skills courses is solely or primarily on skill acquisition. Study skills courses, which are not under-girded by scholarly models of the learning process, are not considered college level and therefore, are distinguishable from Learning Framework courses.)

Prerequisites: None

Semester Credit Hours: 1
Lecture Hours per Week: 1 (for face-to-face classes)
Lab Hours per Week: 0
Extended hours: 0
Contact Hours per Semester: 16

State Approval Code: 4227015125

Class section meeting time:

Alternate Operations During Campus Closure: In the event of an emergency or announced campus closure due to a natural disaster or pandemic, it may be necessary for Panola College to move to altered operations. During this time, Panola College may opt to continue delivery of instruction through methods that include, but are not limited to: online learning management system (CANVAS), online conferencing, email messaging, and/or an alternate schedule. It is the responsibility of the student to monitor Panola College’s website (www.panola.edu) for instructions about continuing courses remotely, CANVAS for each class for course-specific communication, and Panola College email for important general information.

Core Components and Related College Student Learning Outcomes
This course counts as part of the academic requirements of the Panola College Core Curriculum and an Associate of Arts or Associate of Science degree. ☒ Yes ☐ No: If no, skip to Instructional Goals.
The items below marked with an X reflect the state-mandated outcomes for this course **IF this is a CORE course**:

- **Critical Thinking Skills** – to include creative thinking, innovation, inquiry and analysis, evaluation and syntheses of information
  - CT1: Generate and communicate ideas by combining, changing, or reapplying existing information
  - CT2: Gather and assess information relevant to a question
  - CT3: Analyze, evaluate, and synthesize information
- **Communication Skills** – to include effective development, interpretation, and expression of ideas through written, oral, and visual communication
  - CS1: Develop, interpret, and express ideas through written communication
  - CS2: Develop, interpret, and express ideas through oral communication
  - CS3: Develop, interpret, and express ideas through visual communication
- **Empirical and Quantitative Skills** – to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
  - EQS1: Manipulate and analyze numerical data and arrive at an informed conclusion
  - EQS2: Manipulate and analyze observable facts and arrive at an informed conclusion
- **Teamwork** – to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal
  - TW1: Integrate different viewpoints as a member of a team
  - TW2: Work with others to support and accomplish a shared goal
- **Personal Responsibility** – to include the ability to connect choices, actions, and consequences to ethical decision-making
  - PR1: Evaluate choices and actions and relate consequences to decision-making
- **Social Responsibility** – to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities
  - SR1: Demonstrate intercultural competence
  - SR2: Identify civic responsibility
  - SR3: Engage in regional, national, and global communities

**Instructional Goals and Purposes:** The purpose of this course is to transform student’s academic behavior and enhance college readiness and success by acquiring study strategies based on research theory, facilitating a connection with campus resources, and giving students an opportunity to explore various college and career pathways.

**Learning Outcomes:**
After studying all materials and resources presented in the course, the student will be able to:

- Identify and describe theories of learning, cognition, and motivation.
- Identify and describe factors that impact learning.
- Demonstrate and apply the use of various learning strategies.

**Specific Learning Objectives:**
After studying the material presented in the class and/or online, the student should be able to complete all behavioral/learning objectives listed below with a minimum competency of 70% on assignments and exams.

- Analyze how you learn, and identify and describe your preferred learning style.
- Develop and describe approaches for setting priorities, avoiding distractions and procrastination, staying motivated, setting short- and long-term academic goals, managing your time, and organizing your work space.
- Assess your critical and creative thinking skills.
- Demonstrate an effective note taking method that you will use in your academic classes.
• Identify and demonstrate reading, writing, and research skills necessary for academic success.
• Describe study skills and test taking skills that will help you succeed academically in college.
• Build and take an active role in a learning community (e.g., interact with classmates, instructors, and support personnel).
• Use available campus resources such as financial aid, advising, and library services which support student success.
• Manage your health by controlling nutrition, exercise, sleep, substance and alcohol abuse, stress, emotions, and sexual activity.
• Develop effective strategies for managing your money while you are a student.
• Research and analyze possible career paths/goals and decide on a major.

Methods of Instruction/Course Format/Delivery: Students in all sections of the class will have access to this course via the Canvas Learning Management System. Students in the face-to-face course will meet regularly to discuss the material. Online students will be required to meet with the instructor or testing proctor only for testing. Instruction and class participation will include:
• Face-to-face lecture and/or online readings
• Online submission of assignments through Canvas
• Videos
• Discussions
• Quizzes
• Messaging in Canvas Inbox

Major Assignments/Assessment
The following items will be assigned and assessed during the semester and used to calculate the student’s final grade:

• Assignments
  Throughout the semester, you will be asked to complete quizzes, discussions, and self-assessment exercises. The quizzes cover Chapters 1-11 in the adapted textbook provided in your Canvas course. The assignments, discussions, and self-assessment exercises have students answer questions about themselves, their study habits, and what they have learned that will help them develop into a successful student. Each assignment in Canvas will display the number of points available. All assignments taken together make up 80% of the final grade.
  - Quizzes
    o Syllabus Verification
    o Quizzes 1-11 (each quiz covers its corresponding chapter; e.g., Quiz 1 covers Chapter 1)
    o Preferred Learning Style
    o The Pathfinder (Student Handbook)
    o Managing Your Time
    o Learning Framework Survey
  - Self-Assessments/Assignments
    o Google Mail, Calendar, and Tasks
    o Are You a Critical Thinker?
    o Assess Your Study Habits [CT1]
    o Taking Notes
    o Information Resources [CS1]
    o Quizlet
    o Student Clubs and Organizations (Extra Credit)
    o Are You Ready for Online Classes?
    o Canvas Training
    o Attending College Events (Extra Credit)
    o My Career Path
    o Academic Advising
    o How Will You Pay for College?
Discussions
- Active Listening
- Reading with Concentration
- Making the Grade

Exams
Two exams will be given this semester, a mid-semester exam and a final exam. Each of the exams will be online and will be taken in the presence of your instructor or a proctor at the Carthage, Center, Marshall, or high school sites. If you are unable to take a test when it is scheduled, you must schedule the test with the instructor PRIOR to the testing date. An excused absence and makeup test may be granted for sudden illness or unforeseen circumstances. Each exam is 80 questions long and is 10% of the student's final grade.

Course Grade:
90-100% = A
80-89% = B
70-79% = C
60-69% = D
Below 60% = F

Assignments = 80%
Exams = 20%

Cheating is defined as unauthorized help on an examination or assigned course material. A student must not submit another student’s work as his or her own. A student must not receive from any other student or give to any other student any information, answers, or help during an exam. A student must not "steal" the answers from an unsuspecting student during an exam. A student must not use any sources for answers during an exam (including but not limited to notes, books, or electronic devices) without prior authorization from the professor. A student must not obtain exam questions illegally, tamper with the exam questions, nor change the results of an exam after it has been graded. All cheating infractions will result in a grade of “0” for the assignment.

Plagiarism is defined as the taking of a person's ideas, words, or information and claiming those properties as one's own. The use of all ideas, words, or information from any source must be properly referenced and due credit must be given to its author. All written assignments must be submitted through Canvas which may use turnitin.com to calculate percent originality of the submission—a student's work should show 0% plagiarism. The instructor reserves the right to employ other means outside of turnitin.com to check the "originality" of a student's work. Any submission that contains copied material (other than cited material in a research paper) will automatically receive a grade of "0" for the assignment.

A student will fail the class upon his or her second cheating and/or plagiarism offense. These policies shall be adhered to unless mitigating circumstances should prove a lesser penalty should apply. Students shall have the right to contest a cheating or plagiarism claim; the appeals process is specifically defined in the Pathfinder (student handbook).

Attendance:
Students in the face-to-face class are expected to arrive on time and remain in class until the class is over as random movement into, out of, or around the classroom is disruptive and disrespectful. Students are highly encouraged to participate in class by asking questions and engaging in discussions. Disruptive class behavior will result in dismissal from the classroom and an absent mark on the attendance record. Persistent, disruptive behavior may ultimately result in dismissal from the course, a failing grade, and further disciplinary actions in accordance with college policy.

Make up assignments/exams will only be granted in accord with the excused absence policy.
A student that chooses to NOT finish the course must complete the withdrawal procedure in the Student Success office in order to receive a “W.” Otherwise, the student will receive a grade at the end of the semester commensurate with the work completed.

Students needing special classroom or testing accommodations because of physical or learning disabilities must contact the Student Success office before these services will be made available in the classroom.

Texts, Materials, and Supplies:
- *College Success*, University of Minnesota Libraries Publishing, [https://open.umn.edu/opentextbooks/textbooks/college-success](https://open.umn.edu/opentextbooks/textbooks/college-success), 2015. This text is an open educational resource that has been adapted for Panola College and is provided free to students.
- Updated Web browser such as Google Chrome and access to Microsoft Word.

Required Readings:
- Chapters 1-11 as adapted from *College Success*. These chapters have been condensed and supplied to students in Canvas.

Recommended Readings:
- None.

Other:
- Courses conducted via video conferencing may be recorded and shared for instructional purposes by the instructor.
- For current texts and materials, use the following link to access bookstore listings: [http://www.panolacollegestore.com](http://www.panolacollegestore.com)
- For testing services, use the following link: [http://www.panola.edu/elearning/testing.html](http://www.panola.edu/elearning/testing.html)
- If any student in this class has special classroom or testing needs because of a physical learning or emotional condition, please contact the ADA Student Coordinator in Support Services located in the Administration Building or go to [http://www.panola.edu/student-success/disability-support-services/](http://www.panola.edu/student-success/disability-support-services/) for more information.
- Withdrawing from a course is the student’s responsibility. Students who do not attend class and who do not withdraw will receive the grade earned for the course.