



Panola College First Year Experience COLS 0101 Syllabus

Course Name: First Year Experience

Course Number: COLS 0101

Semester Credit Hours: 1
Lecture Hours per week: 3
Lab Hours per week: 0
Contact Hours per Semester: 32
State Approval Code:

Prerequisites: None

Course Description: This course is designed to instruct the student in basic skills for college success, including note taking, test preparation, time and money management. The course will facilitate the student's transition to college life by developing skills to meet the challenges of higher education and self-awareness and understanding of others. The course will also encourage the student to enter into the community of life-long learners.

End-of-Course Outcomes: Students will be able to master competencies in navigating the technology-rich academic world that is part of a larger information-driven global economy. Students will be able to master important life and citizenship skills by choosing a college path with a core course of study.

Core Competencies:

Students are expected to demonstrate basic competency in reading, writing, oral communication, math, and computer skills. Students are expected to be an active learning participant by assuming accountability in preparing for each class by completing required readings and/or other learning activities as listed in each unit assignment. Proficiency will be measured by examination scores, oral discussions and/or presentations, case studies and internet research activities.

Required Textbook/References:

Gardner, J., and Barefoot, B. (2013). *Your College Experience: Strategies for Success*. Tenth Edition. Bedford St. Martin's.

Course Outcomes:

At the end of the course, the student will be able to:

1. Demonstrate time management techniques
 - a. Complete a calendar for the semester (electronic or paper)
 - b. Attend 80% of classes
2. Develop Self-Awareness
 - a. Exhibit characteristics consistent with a positive self-image

- b. Identify personal behaviors that facilitate college success
- c. Identify personal learning styles
- 3. Demonstrate Study skills
 - a. Complete course assignments
 - b. Master college level testing activities
- 4. Demonstrate Library skills
 - a. Conduct a literature search
 - b. Visit the library and check out an item
- 5. Attend at least 2 college activities (sports, fine arts, etc.)
- 6. Apply ethical boundaries to all classroom activities
- 7. Display professional attitude at all times

<p>Evaluation: The following system will be utilized to calculate your final course grade:</p> <ul style="list-style-type: none"> • Course participation (Assignments, journaling, class participation, role playing etc.) • Quizzes • Professionalism Points (Classroom Etiquette) • Project from Journaling • College Life Experiences (2) or Service Learning <p style="text-align: right;">Total</p>	<p>60%</p> <p>10%</p> <p>10%</p> <p>10%</p> <p>10%</p> <hr style="width: 50%; margin: 0 auto;"/> <p>100%</p>	<p>Standard College grading to be used:</p> <p>100-90 = A 89-80 = B 79-70 = C 69-60 = D 59 and below = F</p>
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PROFESSIONALISM: Success in one's career is almost as dependant on professional behavior as on one's academic knowledge and abilities. Students are expected to exhibit professional behavior in the classroom and in all activities associated with this course. Professional behavior includes:

- Attends Class and is Punctual - The student attends classes, arrives on time for class activities and informs the instructor in a timely manner of unavoidable situations that cause the student to be late or miss class
- Dependable - The student meets assignment deadlines and follows through to completion of responsibilities.
- Effective interpersonal and team skills - The student relates well to people, shows respect for others, deals tactfully and effectively with others, provides constructive criticism without alienating others, negotiates or mediates when appropriate, exhibits openness to new ideas, and demonstrates a positive attitude.
- Effective communication skills - The student listens, speaks using correct grammar and without excess fillers, (e.g. *um, you know, like*).
- Ethical conduct - The student maintains honesty, integrity, and confidentiality of patient, provider, fellow student and college information.

All assignments will have a due date. NO LATE WORK WILL BE ACCEPTED.