A residence on Troy Street was heavily damaged in a fire this week.

By Laura Negri
THE PANOLA WATCHMAN

Bulldog Band earns first division at state

City amends proposal for grant

Bellamy guilty of assaulting police officer

The ladies of St. John's Episcopal Church put finishing touches on crafts for their annual Christmas Bazaar. See place A2 for information on the sale.
West Panola speed limits reduced

Lower speed limits have been adopted along major routes within Panola County, as the Texas Department of Transportation announced this week. The new speed limits are intended to improve safety for drivers and pedestrians. The changes are in response to increased traffic and concerns about driver behavior. Drivers are advised to follow the new limits to ensure safety on the roads.
Our Readers Write

Dear Editor:


Many years ago I lived in Denver, Colorado. At the age of 6, I was adopted. I was raised by parents who never had children of their own. I was a lucky little girl, but I always wondered about my natural parents. Who were they? What were they like? How are they now?

Last week I went to a local adoption agency and asked if they could help me find my natural parents. They told me that they had information on my adoptive parents, but they didn’t have information on my natural parents.

I felt a strange sense of loss. I had grown up in a loving family, but I always felt like there was something missing. Now I’m not sure if it’s just me or if I’m imagining things.

Who are you watching? Who’s your child?

Sincerely,

[Signature]

First Things First

Looking Sporty? Hope so! Just 40! Freddy Frito Love, Wanda, Brandi & Nikki

Funds raiser set

On October 15th, the Carthage High School Booster Club will be hosting a fundraiser to benefit the school’s athletic programs. The event will be held at the school’s gymnasium and will feature a variety of activities, including a silent auction, raffles, and games.

Mercury contamination found in fish

Local health officials are warning residents about the potential dangers of mercury in fish. The officials say that mercury can be toxic to children and pregnant women if consumed in large amounts.

The health department has advised consumers to avoid eating fish that contain high levels of mercury. These types of fish include swordfish, shark, king mackerel, and tilefish.

In recent years, people have become more aware of the dangers of mercury in fish. The U.S. Environmental Protection Agency (EPA) has advised people to limit their consumption of certain types of fish to prevent mercury poisoning.

Health experts say that mercury can cause serious health problems, including damage to the brain, nervous system, and kidneys. It can also cause developmental problems in children.

In order to protect public health, local health officials urge people to avoid eating fish that contain high levels of mercury. They recommend limiting fish consumption to no more than two servings per week.

The health department has also advised people to eat more plant-based foods, which are lower in mercury and high in healthy fats.

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Fibromyalgia

Fibromyalgia is diagnosed by presence of widespread pain in combination with tenderness at specific locations on the patient, particularly around the neck and shoulders, elbow and knee joints, and lower back.

The presence and pattern of these "tender points" distinguish Fibromyalgia from other conditions, these "tender points" are determined through a physical examination.

Symptoms of Fibromyalgia include generalized pain, this pain has been described in a variety of forms: burning, radiating, aching, and stiffness, non-specific deep or awakening unrefreshed, severe headaches—both tension and migraine, and irritability bowel syndrome (spastic colon).

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**The Pain Center**

The Pain Center at Good Shepherd Medical Center has the experienced personnel who understand pain and the problems Fibromyalgia can cause at home and at work and who have the expertise to treat Fibromyalgia and restore your potential and return to a productive lifestyle.

If you have questions about Fibromyalgia, ask your physician or call The Pain Center at Good Shepherd Medical Center at 236-2732.

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**Carthage Defenders**

Carthage defenders Jason Lewis (12) and Lloyd Thompson (85) fury Kipliers running back as Jonathan Gibbs serves line.
Alto favored by 38 Friday

Buddhils can carry a share of the record place in the 23-AAA class, just like the historically successful Panthers, who have been the dominant team in the class for the past few years.

This past year, the Panthers were able to bring home a title as well, with their 24-10 victory over the defending champions. The Panthers' victory was a testament to their hard work and commitment to excellence.

Also, the Panthers' victory over the defending champions in 23-AAA was an impressive feat, as they had to face a very tough competition. The Panthers' success in the class this year has been a result of their hard work and dedication.

In the past year, the Panthers have been a dominant force in the 23-AAA class, with their 24-10 victory over the defending champions. The Panthers' success in the class this year has been a result of their hard work and dedication.

Malone gets 15 Points defeated 54-56 in opener

Buckaroo Bandit football player in the open was able to achieve the same goal in 15 points

- They won with 15 points
- They won with 15 points
- They won with 15 points
- They won with 15 points
- They won with 15 points
- They won with 15 points
- They won with 15 points

Fillies win again, 94-64

Bridges tallowy 24 as Panola goes 2-0

The Fillies were unstoppable as they scored a total of 24 points. The Fillies' victory was a testament to their hard work and dedication.

- They won with 24 points
- They won with 24 points
- They won with 24 points
- They won with 24 points
- They won with 24 points
- They won with 24 points
- They won with 24 points

Carthage Varsity Bulldog Football Team

These Area Merchants Support Our Panola County Teams

- T. E. Clossing
- County Road 127
- 130 W. Piusa
- 693-2250
- FIRST INDIAN
- CONSTRUCTION
- Oak Grove
- 693-2250
- WESTERN FUELS
- 120 E. Loop 436
- 693-7624
- ST. WILLIAM
- CATHOLIC CHURCH
- 202 S. W. Loop 436
- 693-2250
- CAR-TEX TRANSPORT
- & TERMINAL SERVICES
- 400 E. Loop 436
- 693-2250

HARRIS RATINGS TEXAS SCHOOLBOY TOP TEN

Class AAAA Top 10

- District 13-AAAA
- Class 4A
- Class 5A
- Class 6A
- Class 7A

Class AAA Top 10

- District 17-AAA
- Class 4A
- Class 5A
- Class 6A
- Class 7A

Class AA Top 10

- District 23-AA
- Class 4A
- Class 5A
- Class 6A
- Class 7A

First State Bank & Trust Company

P. O. Drawer 579
Carrignton, Texas 76313

Carthage, Texas 75633
Freshmen expect three-way title tie after 17-4A finale

Kilgore, Mays Landing and Mattoon are in the mix for the 17-AAA freshmen championship. The teams were the only three of the 17 teams in the conference with new coaches this season. The teams are in the mix for the title, despite the fact that Mattoon, last year's champion, has struggled in recent years. The teams are expected to compete closely for the title, with Mays Landing and Kilgore expected to challenge Mattoon for first place.

17-AAA freshmen standings

<table>
<thead>
<tr>
<th>Team</th>
<th>Conference</th>
<th>Record</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mays Landing</td>
<td>17-AAA</td>
<td>1</td>
</tr>
<tr>
<td>Kilgore</td>
<td>17-AAA</td>
<td>2</td>
</tr>
<tr>
<td>Mattoon</td>
<td>17-AAA</td>
<td>3</td>
</tr>
</tbody>
</table>

Kilgore's huge defense holds up Dogs' freshman Richard Gass (10) for a short gain

Kilgore will likely win the 17-AAA junior varsity title, a necessity of this year with humidity. Kilgore will likely be the only 17-AAA team to win the title.

17-AAA junior varsity standings

<table>
<thead>
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<th>Record</th>
</tr>
</thead>
<tbody>
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</tr>
<tr>
<td>Mattoon</td>
<td>17-AAA</td>
<td>3</td>
</tr>
</tbody>
</table>

Kilgore jv nears title

Dogs near title

The Dogs had their best offering on Saturday with 17-AAA rivals in the conference. The Dogs played in front of a large crowd and were expected to win the title with a win over Kilgore.

Carthage jv stats

<table>
<thead>
<tr>
<th>Variable</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wins</td>
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</tr>
<tr>
<td>Losses</td>
<td>2</td>
</tr>
<tr>
<td>Ties</td>
<td>0</td>
</tr>
</tbody>
</table>

Clearance

All 1995 GMC Inventory
1996 Cars Arriving Daily
Pippen Motor Company
120 W. Panola 692-6691

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All 1995 GMC Inventory
1996 Cars Arriving Daily
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CHSJ Events

A world of activities are being planned for the CHSJ in the next few months.

- Thursday, November 8: 7:30 p.m. - Performance by CHSJ Band
- Thursday, November 15: 7:30 p.m. - Performance by CHSJ Jazz Band
- Thursday, November 22: 7:30 p.m. - Performance by CHSJ Choir

Carthage residents named to honor roll at TSTC

Three Carthage residents were named to the honor roll at TSTC. The students were: John Smith, John Doe, and Jane Doe. They are all enrolled in the engineering program at TSTC.

John F. Nielsen M. D.
(Board Certified A. B. F. P.)

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Choosing two Vegetables & a Biscuit
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HEAT LOAF
CHICKE STRIPS
HAMBURGER STEAK
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CHICKEN FRIED STEAK
VEGETABLE PLATE

NEW! PLATE LUNCHES

$2.99

3.25 with SALAD BAR

Tues. & Thurs. Drive Through

Served 11 a.m. to 3 p.m.

210 W. Panola
CARTHAGE 694-2129
Book Forum celebrates 50 years

The Book Forum and Monarch, Chapter No. 7, the local Order of La Amistad, hosted a special event on Saturday, November 5, at the State Historic Site in Deadwood. The event marked the 50th anniversary of the organization, which was formed in 1927.

Scouts pick up food on Saturday

Local Boy Scouts and Cub Scouts joined hands for a community event on Saturday, November 5, at the State Historic Site in Deadwood. The scouts helped to pick up food and donated their time to the community.

DEADWOOD NEWS

By Mrs. Iris LeGrand

Redwood Community House

By Mrs. Iris LeGrand

Visiting from Washington, D.C., was Patsy Sibley, a former resident of Deadwood. She visited with her family and friends and enjoyed the beautiful weather.

‘Cornucopia of Crafts’ theme for next

Carthage Christian Women’s Club meeting

The Carthage Christian Women’s Club will meet on Monday, November 2, at 10 a.m. at the Benevolent Home in Earle.

Kelley hosts club meeting

Alpha Delta Pi Chapter of Sigma Kappa sorority at the University of Missouri will hold its annual meeting on Saturday, November 5, at the Kelley House in Earle.

Single adult fellowship held at Central Baptist

Central Baptist Church of Earle will hold its annual meeting on Sunday, November 5, at 2 p.m. in the fellowship hall.

HEADACHES


PAIN CARE

HEADACHE CENTER

701 E. Marshall, Suite 210, Longview, Texas 75601

BLOW YOUR LEAVES. NOT YOUR MONEY.

The Stihl of a Deal Sale is going on now at our Stihl equipment dealer! And you can take $50 off all equipment purchases of $500 or more. The Stihl 0650 Electric Blower, for example, is only $59.95. Its accepted at major banks, and it features a 21-inch hose and 21 centrifugal vacuum attachments are available. So save up to $50 and save money too. New during the Stihl of a Deal Sale!

THE STIHL OF A DEAL SALE!