Lake board plans fuel tank disposal

Disposal of an underground fuel tank could be on the agenda of the County Board of Supervisors this week. The county has received a bid for the work of $11,230, which was approved recently by the state for work on a similar tank in a different part of the county.

John Woods, the county's public works director, is in charge of the project. He has been working with the county's environmental department since early this year to coordinate the work. The tank, which is located near the main highway in the area, is scheduled for a one-day closure to allow for the removal of the fuel and the surrounding soil.

Fine amnesty offered during library week

By SHERRY MANCHAC

The San Marcos Library is offering a Fine Amnesty during the week of April 23 to 29. This means that anyone who has overdue fines can pay them off for free.

The amnesty is designed to encourage people to return their books and to avoid the accumulation of fines. People who have overdue fines can now return their books without having to pay the fines.

Armory reopening scheduled

Staff Impaler Billy Morrow has announced that the Texas National Guard Armory, located on East Third Street, will be reopening for business on April 30.

The armory was closed in December 2019 due to budget cuts. The reopening will allow the armory to continue its operations and to serve its community.

Davis victorious in Precinct #4

Two candidates ran for the District 1 congressional seat in this month's election. Davis Morley defeated incumbent Larry Mitchell 1,579 to 1,057. The election was close, with only 54 votes separating the candidates. Davis will now face the incumbent in May's special election to fill the remaining term of the late Representative James Tarrington.
Owens announces candidacy for CISD school board District 1

Police Beat
Local woman assaulted

Police were called to an apartment complex on Crockett Street in the Riverstone area of the city just before 10 a.m. on Wednesday for a report of a woman who had been assaulted. The woman had been stabbed in the chest and was rushed to a hospital where she was later pronounced dead.

Mini-storage burglarized
A burglar broke into a mini-storage unit on the 900 block of South Main Street and took a television and a laptop computer.

Stolen vehicle recovered
An investigator believe the stolen vehicle was involved in a recent shooting in the city.

Calender of events

Thank You
On behalf of myself and my family, I would like to sincerely thank my family, friends and supporters throughout the county who voted for and helped elect me.

Danny Buck Davidson

Brown Bag
Regular Burgers
Regular Fries
Regular Drinks
REGULAR BURGERS
$4.99

Brown Bag
2 Regular Burgers
2 Regular Fries
2 Regular Drinks
$9.99

Brown Bag
4 Regular Burgers
4 Regular Fries
4 Regular Drinks
$19.99

MovieLand
611 W. Panola - Centerpointe Shopping Center - Carthage, Texas
For Movie Reservations, Call 903-693-4133

Strength For Living
By D. A. Summerman

HOME OF OUR OWN

A Home of Our Own

Made in Texas

MovieLand

A Free Offer With Only One Little String Attached
Cry Film is the most common breast cancer cause. But you can do something about it. Use this card and get a discount on Cry Film tickets.

Free Offer For Cry Film

Call 1-800-443-8503

2 Day Rentals On All Movies
All Games Priced At 1.00 A Day
Longer Store Hours
Best Selection of New Releases
Large Selection of 1.00 and 2.00 Movies
Friendly Courteous Service
Easy Check-Out Check-In

Right In The Heart Of Carthage
Your #1 Video and Game Store
MovieLand... We Make Renting As Easy A-
1 2 3
The Panola Watchman

Sunday, April 15, 1990

LIFESTYLES

The third Texas Cavalry goes to war
Know Your Heritage

By Mrs. Ada B. Leslie

Hammond weds Thomas

Widow Leslie and Mr. & Mrs. Hammond were married in a beautiful ceremony at the Methodist Church in Log Cabin, on Saturday, April 14th.

The bride, Miss Leslie, is the daughter of Mr. and Mrs. J. B. Leslie of Log Cabin. The groom, Mr. Hammond, is a native of Log Cabin. The couple will make their home in Log Cabin.

The couple shared a beautiful cake and reception following the ceremony. A reception honoring the couple was held at the Log Cabin Masonic Lodge.

Cox Jewelry's Going Out of Business Sale is Winding Down!

Some items reduced to 36¢ On The Dollar!

All MERCHANDISE MUST BE SOLD!

Vans, Masters Club, American Express, 10 simon
All repairs, workings and sales must be posted up April 27, 1990

NATIONAL VOLUNTEER WEEK - APRIL 17-23

The Panola Watchman
Volunteer program a winner
Beckville schools pleased

By Mrs. Ethel McCloud

Beckville I.S.D. is currently underway in a program that has received national recognition. The program, known as "Volunteer Program A Winner," is designed to involve students in community service activities.

Elementary Principal, John Kodak, and Laura Lynn are notable volunteers.

Mrs. Ada B. Leslie, in the office, has volunteered for this program. Mrs. Leslie has been a volunteer for the program for several years, and has been a valuable asset to the program.

Beckville I.S.D. is proud to have such volunteers, and plans to continue the program in the future.

Mrs. Ada B. Leslie is a volunteer in the program. She is a valuable asset to the program, and has been a volunteer for several years.

The program has received national recognition, and is expected to continue in the future.

Mrs. Ada B. Leslie, in the office, is noted for her volunteer work in the program. She has been a valuable asset to the program for several years.

The program has received national recognition, and is expected to continue in the future.
UP makes donation

The Fort Smith Rotary Club and the Special Olympics Arkansas chapter have announced a $10,000 donation to the organization.

Distribution dates set for commodity foods

The U.S. Department of Agriculture has announced the distribution dates for commodity foods.

Can Chiropractic Help Me? How Much Will It Cost?

Chiropractic can help with various conditions, and the cost can vary depending on the severity of the condition.

Harkrider's homer caps win in 7th

Dawgs escape upset with late heroics, 5-4

In the 7th inning, the Dawgs escaped an upset with a late heroics, scoring five runs.

Brown deals EF, first loss

Cats tip Jackets, gain tie for first

In the game against the Jackets, the Cats tipped off for the first time, gaining a tie for first place.

Sports Sunday


cardage and...
**Lancaster paces sweep of Lon Morris**

Ponies regain share of top spot in TEAC

**CSH alumni to face Dawgs in exhibition**

**The Panola Watchman**

**Dixie 11-12**

**Results**

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<td>CSH</td>
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**TEAC Standings**

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**Chambers edges Panola**

**Three Dawgs gain region in race events**

Third place spot in region events.

**Hoffmeister paces Lady Dogs golf team to fourth in 15-AAAAA district**

**Glaze hurls two-hit shutdown at Bearcats**

**Chapters, both without fans, divided by the 10th hole**

**Arrest report**

**Thank YOU!**

I want to express my sincere appreciation to everyone that worked for me. I especially want to thank those who campaigned on my behalf and to those who voted with me at the various union meetings and rallies. I would like to thank the hardworking folks at The Panola Watchman for all their dedication and support. They have been a great asset to my campaign and I am grateful for their hard work. This has been a long and arduous road, but I am confident that we will prevail. Thank you all for your support and for helping me achieve my goals.
That Land Next Door Is A Good Friend And Neighbor

There is enough in the world for everyone to have plenty, and to be at peace with his neighbors.
—Henry B. Truman

If there were not an example of how well two neighboring countries can get along, it's the ongoing good relationship between Canada and the United States. In contrast, there are factions even within countries, that have been engaged in all-out warfare. One reason our neighboring nations have hit it off so well, is the similarity of the people and their lifestyles. This is best illuminated by a widely read cartoon strip by a Canadian woman artist, believed to be based on the growth and experiences of her own family. In fact, if we weren't for the occasional mention of Toronto, this family could just as well be living anywhere in the United States. Thank God for the many fine examples of good neighbors that the rest of the world would do well to copy.

This Devotional And Directory Is Made Possible By These Firms Who Encourage ALL OF US To Attend Worship Services.

<table>
<thead>
<tr>
<th>Firm Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reliable Service Co.</td>
<td>3400 Boulevard Drive Service Center, San Antonio, TX 78209</td>
</tr>
<tr>
<td>J &amp; H Plumbing</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>Auto Salvage</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
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<tr>
<td>Golden Corral</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
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<tr>
<td>Panola National Bank</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
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<tr>
<td>Pippin Motor Co.</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>Deep East Texas Electric Co-op</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>RAINBOW CLEANERS</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>Ken Turner Pharmacy</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>The First National Bank of College Station</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>BEL-AIRE LANES</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
<tr>
<td>Panola Timber Resources, Inc.</td>
<td>1235 W. Commerce St., San Antonio, TX 78213</td>
</tr>
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</table>

The Panola Watchman

Area deaths

<table>
<thead>
<tr>
<th>Name</th>
<th>Date of Death</th>
<th>Cause of Death</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr. John Q. Jones</td>
<td>February 15, 2023</td>
<td>Heart Attack</td>
</tr>
<tr>
<td>Mrs. Mary Smith</td>
<td>March 1, 2023</td>
<td>Cancer</td>
</tr>
<tr>
<td>Mr. Charles Brown</td>
<td>April 5, 2023</td>
<td>Accidental Injury</td>
</tr>
</tbody>
</table>

Thanks to the Buyers, Sellers, Donors

5th Annual Farm Equipment Auction

April 2, 1994

Sponsored by the Agriculture Committee Panola County Chamber of Commerce

*Buyers Invited*

*Representatives of All Total Communities, Assistance Groups*

*All Consignors Brought 502 Lots to the Auction*

*4 Youth Groups Projects Were Sold*

*Business and Individuals Donated Items*

*Profits from the auction provided scholarships, and fund activities for the betterment of Panola County Youth and Agriculture*

ATTENTION STIHL BACKPACK BLOWER & SPRAYER OWNERS

STIHL has issued a recall of its backpack blower and sprayer units with model numbers 257, 260, and 262 due to a fuel line replacement and fuel tank modification.

DISCONTINUE USE IMMEDIATELY and take the unit to an authorized STIHL Dealer listed below for a fuel line replacement and fuel tank modification.

The recall is based on a possible fuel leak which may cause a fire and/or serious injury to the user and bystanders.

STIHL DEALERS

<table>
<thead>
<tr>
<th>Dealer Name</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mike's Power Equipment</td>
<td>(512) 691-8989</td>
</tr>
<tr>
<td>Jim's Outdoor Power</td>
<td>(512) 691-8989</td>
</tr>
<tr>
<td>John's Garden Center</td>
<td>(512) 691-8989</td>
</tr>
</tbody>
</table>

To check if your unit is affected, visit the STIHL website or contact your local STIHL dealer.
The Library Bulletin Board

How to Join the Library Board
If you are interested in joining the Library Board, please leave a voice mail message at the library or contact the library director at 903-658-4082. Meetings are held on the last Tuesday of each month at 6:00 PM. Board members are expected to attend all meetings and participate in decision-making processes. The Library Board is responsible for setting policy and making strategic decisions for the library.

Panola Christian School
accepting applications for Fall 1994
Kindergarten through High School
TRADITIONAL CLASSROOM INSTRUCTION
9:00 a.m. - 3:00 p.m.

Albatro Curriculum
Professionally Certified Teachers
Member Association of Christian Schools International
300 South Wellington
Carthage, Texas 75633
903-658-0100

Business - Professional Review
An Advertising Program Planned To Inform Area Residents Of Services Rendered By Firms

HAWTHORN LIFE INSURANCE COMPANY
New Writing Up To $10,000 Policies
P. O. BOX 254
W. W. WILLIAMS CARTHAGE, TEXAS 75633
903-658-8441

Business - Review
Business & Review
Business Review
Business Review
Business Review
Business Review
Business Review
Business Review
Let it work for you!

1-800-457-9342

BUSINESS - REVIEW

Let BUSINESS & REVIEW do the

Hawthorn Life Insurance Company

New Writing Up To $10,000 Policies
P. O. BOX 254
W. W. WILLIAMS CARTHAGE, TEXAS 75633
903-658-8441

Business - Review

Business Review

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Business Review

Business Review

Let it work for you!

1-800-457-9342

BUSINESS - REVIEW

Let BUSINESS & REVIEW do the
Brookshire Bros.

... The Lowest Possible Price On Every Item Every Day!

Chicken of the Sea Chunk Tuna
Water or Canola Oil

39¢

Wesson Oil
Corn or Best Blend

$1.68

Borden Hi-Pro Milk
Decker Meat Franks

$1.48

64-Oz. Can

79¢

12-Oz. Pkg.

Salyer American Premium Lettuce
USDA Choice Beef

67¢

Chuck Steak
Boneless Extra Trim

$1.58

Jumbo Pack

Head

Brookshire Bros.
LOWER FOOD PRICES
412 W. PANOLA CARTHAGE, TEXAS
STORE HOURS: 7 A.M.-9 P.M. MON.-SAT., 8 A.M.-9 P.M. SUN.

CHILDERN SHOULD BE SEEN AND NOT HURT

Texas Department of Human Resources
Panola County Child Protective Services
Texas Department of Protective & Regulatory Services

APRIL
Is Child Abuse Prevention Month

A Special Supplement to
The Panola Watchman
Sunday, April 17, 1994
When children misbehave, let them know that you dislike what they did and not who they are. Protect our most precious resource. Children are our future ... keep our future safe.

CAR-TEX Transport & Vacuum Service
County 301 Carthage
693-6271

April proclaimed Child Abuse Prevention Month

Whereas more than 200 Texas children lose their lives in 1993 because of child abuse, and
Whereas, child abuse and neglect are complex and escalating problems in our society affecting great numbers of children, and
Whereas, every child is entitled to be loved, cared for, nurtured, and secure, and
Whereas, preventing child abuse is the responsibility of all citizens, and
Whereas, community action is needed to help families break the cycle of abuse,
Now, therefore, the Commissioners Court of Panola County does hereby proclaim the month of April, 1994, to be Child Abuse Prevention Month in Panola County, and urges all citizens to work together to help reduce child abuse and neglect significantly in years to come.

Signed by
Panola County Judge
John Cords
Commissioners
Herbert Roonce
Buddy Harris
Dick Hayes
Levi Madden

Deadly myths

The truth about child abuse
Myth: Child abuse only occurs in poor families.
Fact: Abuse and neglect of children happens in families from every social and economic level, from every ethnic and religious group.
Myth: Only strangers molest or harm children.
Fact: Victims of child abuse are often the children of the abusers, or the children of a close friend or relative.
Myth: Child abuse is a non-renewable resource.
Fact: There is not my business how other people raise their children.

What is child abuse and neglect?

The Texas Family Code defines child abuse and neglect as specific acts, or omissions, committed by someone who is responsible for the care, supervision, and education of the child. The code includes physical and emotional abuse, sexual abuse, and neglect.

When is spanking abuse?

In Texas, physical punishment that results in physical pain or injury is considered abuse. It's important to remember that this does not mean that all physical discipline is abuse. Spanking, for example, is not considered abuse if it is reasonable and necessary to discipline a child.

What is child abuse?

Child abuse and neglect can include physical abuse, emotional abuse, sexual abuse, and neglect. Physical abuse can include hitting, burning, or shoving a child. Emotional abuse can include verbal abuse, isolation, or ignoring a child. Sexual abuse can include rape, incest, or other sexual activity with a child. Neglect can include failing to provide a child with basic needs, such as food, clothing, or medical care.

When is the child at risk?

A child is at risk of abuse when there is evidence of abuse, neglect, or both. This can include physical injuries, emotional trauma, or developmental delays.

Punishment should be used to help teach children about the consequences of their behavior. Never punish in anger. Take time out. Don't take it out on your child.

CARThAGE CHURCH OF CHRIST
309 W. Panola
693-5269

TEN SECONDS
NOT MUCH TOOK OF YOURSELF, IF IT KEEPS YOU FROM STRIKING OUT AT YOUR CHILD. SEE THE NEXT TIME YOU FEEL THE INSIDE GETTING OUT OF HAND, DON'T LIFT, COUNT TO TEN ... OR TWENTY. ... OR WHATSOEVER IT TAKES FOR YOU TO REALIZE THAT HURT SENDING YOUR CHILD IS THE ANSWER. (Northwestern University Pre-Rogation Service

GULFACO Finance Company
112 E. Sabine
693-3303

Punishment should be used to help teach children about the consequences of their behavior. Never punish in anger. Take time out. Don't take it out on your child.
Don't make the store a battle zone
Tips for shopping with children

What to do to help children behave without spanking, yelling or fighting:
1. Discuss with your child appropriate behavior that is acceptable in the store while shopping. For example, tell the child that fighting is not acceptable in the store.
2. Children who act up in the store may be reacting to something that happened at home. Also, make sure the children are rested and not hungry.
3. Bring a couple of "good" toys to help keep the child quiet while shopping. If the children are old enough, let them pick out some toys to bring along.

Teach safety in a fun way: Play the "What If?" game

What would you do if:
1. Someone offered you $20 to get into their car?
2. Someone asked you to do something that you didn't want to do?
3. Someone gave you something to eat that you didn't like?
4. Someone called your home while your parents were gone?
5. You got separated from your family or friends at a park or a mall?
6. Someone tried to talk you into doing something that you didn't want to do?
7. You saw a stranger with a knife or gun?
8. Someone tried to talk you into giving them money?

Be a Child Protector: Become a volunteer to help children.

Being a Child Protector means being a good judge of people. You must have a sensitive and caring attitude toward children. You must be able to relate to children in a positive manner.

CPS offers assistance to keep families together

"We see a lot of successes, and that's what makes it worthwhile for the workers."
Investigation of abuse, neglect takes time

An investigation into suspected abuse of a child usually begins when a phone call comes in to a child abuse hotline. There may be a warning sign about the child's safety, of course, but the number of reports is significant and increasing. Many people offer to help, but officials warn that the problem is becoming more serious. The call may come from a concerned neighbor, a doctor, or another professional. The number of reports is growing, and as a result, the investigation process is becoming longer.

In this city, the call goes to the police department, where it's recorded and reviewed. There is a law enforcement officer who specializes in child abuse investigations. The officer then contacts the family, who is usually the first to hear about the investigation. The officer will ask questions about the child's safety and well-being. The officer will also ask about any possible suspects or abusers.

During the course of the investigation, the CPS worker will try to determine the child's situation. The CPS worker will speak with the child and others in the family. The CPS worker will try to determine whether the child is safe and whether the abuser is still in the home. The CPS worker will also try to determine whether there is a need for additional services.

If the investigation is completed, the CPS worker will make a recommendation to the district attorney or the judge. The CPS worker will also make a recommendation to the family. The CPS worker will also try to determine whether the child is safe and whether the abuser is still in the home. The CPS worker will also try to determine whether there is a need for additional services.

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Reporting suspicions of abuse

If you suspect child abuse, you should call your local child abuse hotline. You should also keep in mind that there are laws in place to protect children from abuse. If you suspect that a child is being abused, you should report it to the authorities. You should also keep in mind that there are laws in place to protect children from abuse. If you suspect that a child is being abused, you should report it to the authorities. You should also keep in mind that there are laws in place to protect children from abuse. If you suspect that a child is being abused, you should report it to the authorities.

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Child abuse facts

Facts about child abuse in Panola County

- In 1993, 114 cases of suspected child abuse or neglect. Of those, 58 were confirmed through investigation.
- Currently about 30 families are receiving services. Several cases that would still be open have been closed due to temporary staff shortages.
- Out of the 30 families, the most common types of abuse reported in this county are sexual abuse, physical neglect, and physical abuse.
- Two CPS workers serve Rusk and Panola County. The average work load is 21 cases per worker.
- There are only three foster homes in Panola County.

Substance Abuse and Child Abuse

- The link between substance abuse and child abuse has strengthened over the years. It is estimated that nine to 10 million children under the age of 18 are directly affected by substance-abusing parents.
- At least 675,000 children are seriously mistreated annually by alcohol or drug-abusing caregivers.
- The national incidence for fetal alcohol syndrome is 1.9 per 1,000 live births. Each year, at least one in 10 or 175,000 babies born in the U.S. have been exposed to illegal drugs taken by their mother during pregnancy.
- The effects of having been exposed to either illegal drugs or alcohol prenatally include low birthweight, small head size, long-term medical complications, and increased incidence of Sudden Infant Death Syndrome. In addition, exposed infants tend to be irritable, lethargic, and difficult to comfort, which interferes with parent-child bonding and increases the likelihood of abuse or neglect.

Child abuse nationwide

- In 1992, an estimated 2.9 million children were reported for child abuse and neglect to CPS agencies in the United States. This represents an eight percent increase over the number of children reported in 1991.
- Currently, about 45 out of every 1,000 children are reported as victims of child maltreatment.
- Experts attribute much of the recent increase in reporting to the increases in economic stress due to poverty, unemployment, and work concerns; the effects of substance abuse, and a greater public awareness of and willingness to report child maltreatment. Overall, child abuse reporting levels have increased 50 percent between 1985 and 1992.
- Among reports of child abuse: 27 percent were physical abuse; 17 percent sexual abuse; 45 percent neglect; seven percent emotional maltreatment; eight percent were other forms of maltreatment.

Child Sexual Abuse

- Studies of the general population of adults show that anywhere from six to 63 percent of females were sexually abused as children.
- A 1985 J.A. Times national survey found that 27 percent of women and 16 percent of men reported being sexually abused prior to age 18.
- The true extent of sexual abuse is unknown.

Child fatalities

- In 1992, an estimated 1,201 child abuse and neglect-related fatalities were confirmed by CPS agencies.
- Since 1985, the number of child abuse fatalities had increased by 49 percent.
- Based on these numbers, more than three children die each day as a result of child abuse or neglect.

Child abuse facts

- In 1992, these states which kept this statistic reported that almost 84 percent of these children are less than five years old at the time of their deaths, with 43 percent under one year of age.

Sex Abuse in Day Care

- A 1992 study of disclosed cases of child abuse in center-based day care revealed no especially high risk of sexual abuse for children sent to such a setting.
- While an average of 5.5 children per 10,000 enrolled in day care are sexually abused, 8.9 children out of every 10,000 are abused in the home.
- Based on information from 17 states, reports of abuse in day care and foster care each represented less than one percent of all reports in 1991.

Setting a good example is the best way to teach your children how you want them to behave.

Child abuse facts

- In 1992, there were reported to be over 10,000 positive child care facilities in the United States providing care for children.
- Child care providers are reported to have been asked to bring something for the children and the children brought a variety of items. These items were either illegal or not allowed in the setting.
- The items were collected into a child care bag and occasionally shared with other children.
- The items bagged are used by the child care provider to maintain order or as a reward.

One alternative in preventing child abuse is attending Sunday School and Church as a family every Sunday. God heals all wounds.

Central Baptist Church
220 W. Sabine
693-7719
Dr. Charles G. Dodson, Pastor
Wanted: Very special people

Candlelight service for victims

Earlier this month in Washington, tragedy struck with the deaths of six children. One parent died, the other is missing.

Recently, the American Heart Association sponsored a special function at the American Red Cross, Washington, D.C. The theme was "A Night of Love" and the program highlighted the importance of child safety and prevention.

The event featured a candlelight ceremony to honor the memory of the six children.

Kisses stop the tears...

Love calms all fears.

Take time out. Don't take it out on your child.

Three Children Will Die Today As A Result of Child Abuse. Help Don't Hit Your Child.

What's the difference between a parent who hits his child and a parent who doesn't?

About ten seconds.

City of Carthage

Three Children Will Die Today As A Result of Child Abuse. Help Don't Hit Your Child.

Three Children Will Die Today As A Result of Child Abuse. Help Don't Hit Your Child.

Ken Turner Pharmacy, Inc.

109 E. Panola
693-7109

Pandora Pharmacy

412 W. Panola
693-6791

Sue Grafton

County Clerk

Panola County Courthouse

989-6812

Powe Performing Arts & Gym

We love making children feel good about themselves

FIRST STATE BANK OF ELYSIAN FIELDS

(963) 939-5551

We Train The Winners!

127 W. Sabine
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FAMILY

STEAKHOUSE

1315 W. Panola
693-5412

golden corral

FAMILY

STEAKHOUSE

1315 W. Panola
693-5412

A letter from your child

Dear Mom and Dad,

Thank you for helping me grow into an independent, self-sufficient, caring adult. Thank you for teaching me that you and your parents were just as short-term commitments that children need to learn to live without their parents because they will eventually be on their own.

Thanks for always giving the reasons behind your requests, your demands, and your explanations.

I am thankful for your unconditional love, accepting me as I was and not for what I could do. Thank you for your example because I learned more from what you did than from what you said.

You gave me the opportunity to fail. To make mistakes, and to grow from those experiences. Thank you for listening to me. You made me feel worthwhile and important by giving me your undivided attention. Thank you for always being there for me and believing in me.

I appreciate the fact that you always took my side when I was wrong, even in the face of your own difficulties. Thank you for your understanding and support.

Your honesty and your ability to say I'm sorry helped me realize that you made mistakes too, but were willing to admit them.

Thank you for your encouragement, your hugs, and most especially for the priceless gift of your love.

Love always,
Your Child.

The Starfish Flinger

As the old man walked the beach at dawn, he noticed a young man ahead of him picking up starfish and flinging them into the sea.

Finally catching up with the youth, he asked him why he was doing this. The answer was that the stranded starfish would die if left until the morning sun.

But the beach goes on for miles, and there are millions of starfish," countered the old man. "How can your effort make any difference?"

The young man looked at the starfish in his hand and then threw it to safety in the waves.

"It makes a difference to this one," he said.
“I Wish You Were Never Born.”

“Why Are You So Stupid?”

Sticks and stones can break your bones,
but words can never harm you...

When it comes to child abuse this old adage just isn’t true. Because while
verbal abuse doesn’t leave any marks on the outside, it almost
always leaves scars on the inside.

And what’s hardest to see, is often hardest to cure. That’s why so many children with low-self
esteem often grow up to become abusive parents themselves. And most of the time, they don’t
even know it.

It isn’t always easy being a parent. It takes wisdom, love and a lot of patience. So next time you’ve
reached the end of your rope, take a deep breath and count to ten. Or perhaps call a neighbor or
friend or seek professional help.

But please, think before you speak, because harsh words really can harm them.

APRIL IS CHILD ABUSE PREVENTION MONTH

Report Child Abuse
1-800-252-5400

The Panola Watchman