Survey yields long-range plans
Nursing, building trades considered

High-rise, multi-service, Conrad and the Texas Board of Nursing Resources.

According to Dr. Martin, director of the college's Vocational Rehabilitation program, "the potential exists for a variety of disciplines to be involved in the planning and development of such a program," he said.

The survey will also be used to help the college evaluate its current educational programs, including existing employment opportunities and the need for additional programs.

Thursday: quittin' time for smokers
Cigarette pack health risks

Local health officials urge smokers to quit

Local health officials are urging smokers to quit smoking as part of their efforts to promote public health. Officials say that smoking is a major risk factor for a number of serious health problems, including lung cancer, heart disease, and stroke.

Officials recommend that smokers consider the health risks associated with smoking and make a conscious effort to quit. They advise smokers to use nicotine replacement therapies, such as gum or patches, to help reduce cravings.

Local health officials are also encouraging smokers to seek support from friends and family members, as well as community resources, to help them quit smoking.

The following tips can help smokers quit:

- Identify triggers that increase cravings, such as stress or certain situations, and find ways to avoid or manage these triggers.
- Make a plan to quit and stick to it, even if it means seeking support from friends and family.
- Use nicotine replacement therapies, such as gum or patches, to help reduce cravings.
- Join a support group or use other community resources to help with the process.
- Remember that quitting smoking is a process, and it's okay to slip up. The key is to keep trying and not to give up.

Copyright 1973 by The Panola Watchman
Words, music express much for students

Music and music expression have been especially meaningful for students involved in the recent Christmas Around the World program. The program is sponsored by the Fine Arts Department. The students participated in choirs, bands and orchestras that performed at both the high school and the elementary school. They also sang carols in different languages and displayed their cultures through dances and crafts. 

Radiologists attend mammography course

The Pennsylvania College of Technology, which is located in Lock Haven, recently held a course for radiologists to learn about mammography. The course was designed to help radiologists improve their skills in interpreting mammograms, which are used to detect breast cancer. The course included lectures, hands-on training, and discussions with experts in the field. Radiologists from around the state attended the course. 

Music Man debuts Thursday at PC

The Music Man, a classic musical, is debuting Thursday at the Penn College Performing Arts Center. The show is directed by Dr. Tom Finkel, the college's professor of music. The cast features several talented students, including Joshua Johnson as Harold Hill and Amanda Smith as Ethel Merman. The musical tells the story of Harold Hill, a con man who arrives in a small town and is stopped from taking advantage of its inhabitants by the strong and determined Ensemble Undergraduate, directed by Dr. Tom Finkel.

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Tauri Omega considers wills, plans holiday activities

The Tauri Omega chapter of the Tau Omega National Fraternity is holding a special event this November to consider wills and plans for the holiday season. The event will take place on Saturday, November 24th, from 2 PM to 5 PM at the statue of Jason and Medea, located on the Penn College campus. The chapter encourages members and non-members to attend and contribute to the discussion. The event is free and open to the public.

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Bush launches campaign for governor

Hutchinson funds questioned

AUSTIN — Governor George W. Bush toasted his campaign for governor by walking the streets of Austin in his jeans and a blue jacket, giving out campaign buttons and smiling at passersby.

Bush, who is seeking the Republican nomination for governor, was seen in downtown Austin on Monday, hours before the deadline for candidates to file for the primary election.

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"We've got a lot to do, and we're going to do it," Bush said. "We've got a lot of work to do, and we're going to do it."
Tribe topples Dawgs in historic game
Pollsters place Dawgs fifth

Not much expected of Carthage cagers

Volleyball

Beckville has two on all-district

**The Panola Watchman**

**BULLDOGS**

**BULLDOG JV**

**CHESS POINT**

**THE POLARIS**

**PELLA**

**STORM CHASER**

**THE PANOLA WATCHMAN**

**PGH board considers insurance**

**Arrest report**

**Area Merchants Support You ALL THE WAY!**

**IT'S A WIN-WIN SITUATION.**

**CARRIAGE TWIN CINEMA**

**YES, WE HAVE**

**MORTGAGE MONEY**

**FINANCIAL INSTITUTION**

**WITH HER HELP!**

**WIN UP TO $400 INDEPENDENTLY**

**FREE $1,000 INSTANT WINNERS**

**DENTURES**

**Professional Denture Clinic**

**General Dentist**

**PFLUEGER DENTURES**

**SNAP ON DENTURES**

**REPAIRS WHILE YOU WAIT**
Poultry growers discuss loan program

Byline and author: The Dallas Morning News

Opening sentence: "Poultry growers say they need a loan program to help them recover from the recent drought." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Police beat

Vehicle burglary

Byline and author: The Dallas Morning News

Opening sentence: "A vehicle was burglarized at a local store, and the suspect was caught on surveillance footage." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Area deaths

Byline and author: The Dallas Morning News

Opening sentence: "Several area residents have passed away in recent weeks." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Toll-free phone service possible

Byline and author: The Dallas Morning News

Opening sentence: "A new toll-free phone service is being considered as a way to improve local tourism." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Don't be a TURKEY let us help YOU with that SPECIAL Thanksgiving Loan.

Byline and author: The Dallas Morning News

Opening sentence: "Our bank is offering special loans for Thanksgiving." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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EVERYONE WELCOME! OLD FASHION REVIVAL

Byline and author: The Dallas Morning News

Opening sentence: "The church is hosting a revival." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Funeral home advertisement

Byline and author: The Dallas Morning News

Opening sentence: "Our funeral home offers a variety of services." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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TV Guide

Byline and author: The Dallas Morning News

Opening sentence: "This week's TV guide includes a variety of shows." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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Central Monument Co.

Byline and author: The Dallas Morning News

Opening sentence: "Central Monument Co. offers a wide range of monuments." (This sentence could be expanded or paraphrased to provide context or highlight key points.)

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