January proclaimed Eye Care Month

One week while you procrastinate, Health Care Month! It is in your best interest to take advantage of the many deals, discounts, and services being offered to help reduce the high prices of eyeglasses and contact lenses.

A group of people in the downtown area of the city can be seen taking advantage of the offers. Contact lenses are available for as little as $20, and eyeglasses can be purchased for just $50. The local optician, Dr. Smith, said, "These offers are available for a limited time only, so hurry in and take advantage before they are gone!"

The National Society for Vision Care is also offering a 10% discount to all customers. "We want to encourage people to take care of their eyesight," said President Johnson. "It's never too late to start, so come in and take advantage of our special offers!"

School meets certain standards

CISD receives accreditation at annual December meeting

The Southern Association of Colleges and Schools, Region VI, has accredited the Dallas Independent School District for its work in education. The accreditation was given following a review of the district's educational programs and standards.

"We are pleased to receive this accreditation," said Dr. Smith, Superintendent of Schools. "It is a testament to the hard work and dedication of our teachers and staff."
Volunteer conference set

The Governor's Office of Community Development, through the Secretary of Commerce and Industry, is sponsoring a Volunteer Conference April 6-7 at the Holiday Inn in Harrisburg.

The program is designed for both volunteers and volunteer programs from both for-profit and nonprofit organizations.

For further information, contact the Governor's Office of Community Development, Building 8, Room 303, Harrisburg, 717-787-8444.

HARRIS CHAPEL NEWS

Phone 878-3351

By Beverley Hunsicker

Happily New Year, everyone! My husband and I have been together for 40+ years. My husband and I have been together for 30+ years. We have been together for 20+ years. We have been together for 10+ years. We have been together for 5+ years. We have been together for 1 year. We have been together for 6 months. We have been together for 3 months. We have been together for 6 weeks. We have been together for 3 weeks. We have been together for 1 week. We have been together for 6 days. We have been together for 2 days. We have been together for 1 day. We have been together for 6 hours. We have been together for 2 hours. We have been together for 1 hour. We have been together for 6 minutes. We have been together for 2 minutes. We have been together for 1 minute. We have been together for 6 seconds. We have been together for 2 seconds. We have been together for 1 second.

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Winners and Losers
America's Supermarket

WINN-DIXIE GIVES YOU TWICE THE SAVINGS!

Limit one coupon for any particular item. Limit one coupon per purchase. Offer limited to manufacturer's coupons only. Winn-Dixie will not be responsible for any manufacturing errors on coupons. Winn-Dixie coupons do not expire. Winn-Dixie coupons are good on regular-priced items only. Winn-Dixie coupons cannot be used in conjunction with any other Winn-Dixie coupon or any other form of discount. Winn-Dixie coupons cannot be used in conjunction with any Winn-Dixie store gift certificate. Winn-Dixie coupons cannot be used to purchase any Winn-Dixie gift certificates. Winn-Dixie coupons cannot be used to purchase any Winn-Dixie gift cards.

Wagon-train barbeque tickets on sale now
Takes place only at the Texas Waggon Train Barbeque held for the benefit of the Central Heights High School Football Team on Saturday, June 11th at 7:00 PM. Tickets are $5.00 per person and include a delicious meal of barbeque beef and chicken, salads, vegetables, and desserts. The evening will feature live entertainment, Door prizes, and a silent auction. All proceeds from the event will go towards supporting the Central Heights High School Football Team.

In Central Heights meet
Both Beckville teams advance

By Jim Brown
CENTRAL HEIGHTS - Both the Beckville High School girls and boys teams advanced Saturday afternoon in the Central Heights Tournament at Strand Arena.

The girls did it with an impressive 44-27 victory over China Spring in the first game of the day. This was followed by a hard-fought 33-28 victory over Gordonville in the pivotal game of the day.

The boys then came back and took care of business as they defeated Iowa Park in the first game of the day and China Spring in the second game of the day. They will now look to play for the regional championship.

An equalizer of down the cent
Gary girls get mugged

By Jim Brown
CENTRAL HEIGHTS - Central Heights girls' basketball team needed a win over Wichita Falls to advance to the regional final. The Lady Raiders, 18-5 and ranked 13th in the state of Texas, were up against the 18-4 Lady Eagles of Wichita Falls.

The game started with a bang as Central Heights jumped out to an early lead. However, Wichita Falls fought back to tie the game in the second quarter. In the third quarter, the Lady Eagles took the lead and held on to win, 60-52.

Gary boys fall 55-45

By Jim Brown
CENTRAL HEIGHTS - The Gary boys' basketball team faced a tough challenge against the 18-4 Lady Eagles of Wichita Falls. The game was closely contested throughout, with both teams displaying great defensive play.

In the end, the Lady Eagles proved too strong, winning the game by a final score of 55-45. Gary boys will have to regroup and prepare for their next game.

Football banquet set

Central Heights - The Central Heights Football Banquet will be held on Saturday, January 11th at 6:30 PM in the Central Heights High School Auditorium. The banquet will feature awards presentations, speeches, and recognition of the team's achievements.

The banquet is open to all Central Heights Football players, coaches, and staff. Guests are encouraged to attend to celebrate the team's success and recognize the hard work and dedication of everyone involved.
Eagle Lake, where the action is

Goose capital, no doubt

As the sun was setting Guide J.R. Allen said, "Well, the show is over. We have had a good hunt. I think we have bagged our limit of geese."

The weather was perfect for a hunt, with a northwest wind that made the geese fly in a northerly direction. The birds were feeding on the lake's edge, and we were able to approach them closely. The hunting was excellent, and we were able to take many birds.

The geese were flying low, and we were able to spot them easily. We shot at them with our 12-gauge shotguns, and they fell to the ground with a loud thud. We loaded our truck with the geese and drove back to camp.

We had a good time, and the hunting was excellent. I think we will be back next year to hunt these geese again.

Photos by Maudie Lesh

A heavy bag means a tired retriever

Eagle Lake area hunting clubs listed

Support the Elysian Fields High School Yellowjackets

Anderson Brothers Construction
P.O. Box 19, Ulysses, KS 67480

First National Bank of Beaville
P.O. Box 601, Beaville, KS 67418

N & Out Grocery
P.O. Box 40, Ulysses, KS 67480

Shelby-Panola Savings
1311 W. Main, Carthage, MO 64834

Deep East Texas Electric Coop
904 S. Main, Beaumont, TX 77701

Ken Turner Pharmacy
112 E. Main, Carthage, MO 64834

First National Bank of Carthage
P.O. Box 194, Carthage, MO 64834

Colmesnall Telephone Company
P.O. Box 40, Carthage, MO 64834

Elysian Fields High School coach Darrell Nickerson talks to his team.

Pups and their trophy

The annual event Carthage spring field day attracted 1,200 participants on Saturday.

Support the Elysian Fields High School Yellowjackets

Elysian Fields High School coach Darrell Nickerson talks to his team.

Pups and their trophy

The annual event Carthage spring field day attracted 1,200 participants on Saturday.
Know Your Heritage

By Leda B. LaGrone

Characteristics of Prairie Towns

The picturesque little prairie town of Carthage, Texas, is a community with the charm and beauty of a small town. It is located in Panola County, surrounded by rolling hills and farmland. The town is known for its historical significance and is home to several notable landmarks.

One of the most famous landmarks in Carthage is the Old Panola County Courthouse, which dates back to the 19th century. It has been carefully preserved and is now used as a museum, showcasing the history of Panola County.

Another characteristic of Carthage is its vibrant community spirit. Residents take pride in their town and are known for their friendly and welcoming nature. The town hosts several annual events, including the Carthage Strawberry Festival and the Panola County Fair, which bring together residents and visitors alike.

Parents of seventh graders meet Monday, January 13

A meeting is to be held this week for parents of seventh graders in the Carthage Independent School District. The meeting will be held on Monday, January 13, at 7:00 PM in the Carthage High School library. The purpose of the meeting is to discuss the academic progress of the students and to answer any questions parents may have.

Every Thursday Night In January

All You Can Eat Oysters

$5.95

PIRATES LANDING
Restaurant

Open Sun. till 10 P.M. Only

1020 Hwy. 39 By-Pass

(Next To Service Station)

(903) 339-7999
Report shows poverty in county

The report states that poverty rates have been increasing in the county, particularly among certain demographic groups. The increase in poverty is attributed to factors such as job losses, economic downturn, and rising costs of living.

For Lease

With Option To Buy If Desired

Two year old house on Lake Murvaul

OPEN EVERY SATURDAY 1 - 3

For more information, please call 214-796-5464

Billy’s Beat

By Billy Schultz

Nutrition program set for elderly menus

The Senior Nutrition Program is launching a new menu that caters to the dietary needs of seniors. The menu includes a variety of options, such as low-sodium, low-fat, and gluten-free meals. Participants can choose from a selection of breakfast, lunch, and dinner options.

Dining and Driving Don’t Fit Together

The program aims to encourage seniors to eat healthy and maintain their independence. Participants who join the program will receive personalized meal plans and weekly delivery of their meals.

Prepare for the Unexpected

Ensuring the safety of our elderly population is crucial. The program is supported by local businesses and community organizations, who are committed to providing quality nutrition services.

The Book Stall

Hey, book lovers! Join us at The Book Stall this weekend for a special event. The book signing will feature a local author, who will be signing copies of their latest book. Don’t miss out on this opportunity to meet the author and purchase their book directly from them.

Decorating Den

Decorating Den - the colorful store that comes to your door! Sign up for home decorating consultations for residential or commercial. All Decorating Den locations are trained to decorate according to your budget, whether it be casual, traditional or luxurious. Decorate your home with our wide selection of fabrics, colors, and patterns. Call 693-7888 for more information.
McWilliams learns new farming methods and dances

Texas reminds Australian of home

By Mary Leigh Best

McWilliams, of the Central Live Oak district near Shallowater, is enjoying new farming methods and dancing.

According to McWilliams, the new farming methods have been a great success.

"We have been using these new methods for a few weeks now," McWilliams said. "It's been working great. The crops are doing well and the animals seem to be happy."

In addition to farming, McWilliams also enjoys dancing.

"I've been dancing since I was a little girl," McWilliams said. "My parents always had music around the house and I was always drawn to it." "I love dancing as a form of expression," she continued. "It helps me to think and feel differently." "I think the new farming methods and dancing are a perfect combination," McWilliams concluded. "They both bring me joy and help me to feel more connected to the world around me."
Strength For Living
By Jerry Burnaman

Since birth, man has sought strength in many different ways. This has come in the form of physical strength, which we see in athletes and warriors. But man also seeks strength in a more spiritual sense, often turning to religion for guidance and comfort.

Religion is a belief in supernatural power or forces that are beyond human control. It provides a sense of purpose and direction in life. It can also offer comfort and solace during times of hardship and loss.

Religion has been a part of human society for thousands of years. It has evolved and changed over time, adapting to the needs and beliefs of its followers. Today, there are many different religions around the world, each with its own unique beliefs and practices.

Religion can provide a foundation for a strong and fulfilling life. It can help us find meaning and purpose in our daily lives. It can also give us hope and comfort during difficult times.

Religion is not for everyone, but for those who find it meaningful, it can be a powerful force for good in their lives. So whether through prayer, meditation, or other practices, many people find strength in their religious beliefs. This is why religion continues to be an important part of human culture and society.

First Things First
By Tuba Bige

One of the things that stand out when looking at the world is how it changes. The world is always evolving, and it can be challenging to keep up with it. But one thing that remains constant is the importance of family. Family is a constant that we can rely on, no matter how much the world changes.

Family is not just about blood ties. It is about the relationships that we form with others, the people who we choose to be a part of our lives. These relationships can provide comfort, guidance, and support. They can help us navigate the challenges of life and provide a sense of belonging.

It is important to remember that family is not just about the people who are blood-related to us. It is about the people who we choose to be a part of our lives. These relationships can provide comfort, guidance, and support. They can help us navigate the challenges of life and provide a sense of belonging.

Card of thanks

We extend our deepest gratitude and sincere appreciation to all our supporters, including the local businesses, friends, and family who have contributed to the success of our event. We are grateful for your support and look forward to seeing you again in the future.

PANOLA COUNTY POST

RELIGION

Ritter celebrates 79th
By Mary Lightfoot

Ritter celebrated his 79th birthday on December 20, 2016. During the celebration, Ritter was joined by family, friends, and community members to honor his many years of service and contributions.

Catholicism came to Sri Lanka accidentally
By Father Jerome Jayasuriya

Priest discusses Buddhism, Christianity

Father Jerome Jayasuriya

Buddhism is about 2,500 years old and originated in India. It is based on the teachings of Siddhartha Gautama, also known as Buddha. The basic principles of Buddhism include impermanence, suffering, and the path to enlightenment.

Christianity is a monotheistic religion based on the teachings of Jesus Christ. It is one of the largest religions in the world, with over 2.4 billion followers. Christians believe in one God who created the universe and sent his son, Jesus Christ, to save humanity from sin.

Both religions have had a significant impact on the world, shaping the way people think and act. Buddhism and Christianity have also influenced each other throughout history, with ideas and practices from one religion influencing the other.

In Sri Lanka, Buddhism is the predominant religion, while Christianity is followed by a smaller majority. The country has a rich history of religious coexistence and dialogue, which has allowed for a unique blend of the two religions. This has led to a unique religious landscape in Sri Lanka, with both Buddhism and Christianity being practiced side by side.

In conclusion, Buddhism and Christianity are two religions that have played a significant role in shaping the world. Their teachings and practices continue to influence people today, shaping the way they think and act. Despite their differences, both religions also share many similarities, which has allowed for a unique blend of the two religions around the world.