Easter eggs priced right for savings, nutrition

By Domeen Farrow 

Easter is a time for various celebrations and activities. One of the most popular traditions is the Easter egg hunt, where eggs filled with treats are hidden for children to find. In this article, we will explore the history of Easter eggs and their connection to the holiday, as well as the benefits of eating eggs to maintain optimal health.

The tradition of Easter eggs dates back to ancient times, where eggs were a symbol of new life and rejuvenation. In the Christian tradition, the egg is a symbol of the resurrection of Jesus Christ. Eggs were used as offerings and decorations during the Easter season, and they have remained a popular symbol ever since.

Eggs are a nutritious food that are rich in protein and vitamins. They can help to protect against heart disease, stroke, and certain types of cancer. Eggs are also a good source of choline, which is important for brain development and function.

The health benefits of eggs are well-documented, and they are a popular addition to many diets. However, it is important to consume eggs in moderation, as they are also a source of cholesterol. The recommended daily intake of eggs for most adults is one egg per day. Those with a family history of heart disease or high cholesterol levels may want to consult with a healthcare provider before increasing their egg intake.

In conclusion, Easter eggs are more than just a symbol of the holiday; they are also a healthy and delicious treat. With their rich history and nutritional benefits, eggs remain a popular and important part of the Easter season.

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Additional class draws opposition

Board eyes vocational change

By Robert !Gavl

The Panola County school board will consider changing the vocational curriculum later this month. The move was prompted in part by a recent federal mandate that schools offer more vocational classes to prepare students for the workforce.

The board is considering adding new programs in areas such as computer science, welding, and automotive repair. These changes would expand the current vocational offerings, which include classes in woodworking, carpentry, and culinary arts.

Board members are also considering the feasibility of building a new vocational center to house the expanded programs. The cost of the new center and the timeline for construction would be discussed at a future meeting.

The move to expand vocational offerings comes as the school district faces increased pressure to prepare students for the workforce. The federal government has set new standards for schools, and Panola County is working to meet those requirements.

In addition to expanding vocational programs, the school district is also considering other ways to improve education. The board is scheduled to discuss a possible increase in the school budget at a future meeting.

Early school, primaries voting begins

Voters can cast their ballots for school board and primary elections on April 8. The school district is holding a primary election for the school board and a special election for a bond issue that would provide funds for a new vocational center.

The school board election is a non-partisan race, and voters are urged to consider the qualifications of candidates before casting their ballots. A list of candidates and their platforms is available online.

The bond issue would provide funds for a new vocational center, which is needed to meet the demands of the workforce. The center would be located on the current site of the vocational school and would include new classrooms and laboratories.

The bond issue is expected to cost around $3 million, and voters are asked to consider the long-term benefits of the new center.

In addition to the school board election, the county is also holding a primary election for the House of Representatives. Voters are urged to consider the candidates and their platforms before casting their ballots.

If you have any questions or concerns about the upcoming elections, please feel free to contact the school district or the county election office.

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Animal shelter, controls now up to commission

By Robert !Gavl

The panola commission has appointed a new director to the Panola County Animal Shelter. The appointment was made following a review of candidate interviews and background checks.

The new director is a graduate of the University of Georgia and has extensive experience in animal welfare. The position was created in response to a growing need for animal control in the county.

The new director is scheduled to begin work on Monday, May 1. The director will be responsible for overseeing the animal shelter, which includes the care and handling of stray animals. The shelter is located on the county fairgrounds.

The Panola commission is working to improve animal welfare in the county. The commission recently passed a new ordinance that prohibits the sale of certain animals, and it is expected to pass additional regulations in the near future.

In addition to the animal shelter, the commission is also working to improve public education on animal welfare. The commission recently purchased a new animal welfare kit for schools, and it is expected to provide additional resources in the near future.

If you have any questions or concerns about animal welfare in the county, please feel free to contact the Panola commission or the animal shelter.
Vocational changes all wrong

By Carl Giddings

The emphasis on practical skills and the need to provide something suitable for every student in every case is nothing new. The issue is not whether we need to change; it’s how.

One common criticism is that only about two-thirds of students pursue practical training as an option. Yet, when you consider that the country is facing a labor shortage, improving the training programs is the logical choice.

A better solution is to offer a range of options that cater to students’ interests and abilities. This way, more students can benefit from vocational training.

It’s important to recognize that vocational training can be beneficial for students who are not interested in traditional academic settings. It provides an opportunity for them to develop skills and gain practical experience.

We need to focus on improving vocational training programs, not eliminating them. A better approach would be to offer more options and tailor them to students’ needs.

Not much wrong with things here

By E.C. Goe

The policy of two-year vocational programs for those not interested in general education is nothing new. The issue is whether it’s worth sticking with.

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Talk-Line

693-8255

Editorial

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Dog issue back in commission's lap

Clayton group moves into facility

Security update

Area computer clinic successful

Rainfall below average for March

Tack Sale
2nd Annual Tack Sale
Saturday, April 21
10:00 A.M. To 6:00 P.M.

Save 50% Introductory Special
On Antique Satin and Sheer
Face, Decor, Towel and installation only.

Save 50% Introductory Special
On Celebration Carpet,
Rugs, Stair Treads and Installation.

Area deaths

Legal notices
Area school menus

Kiwami welcomes new members

Winn-Dixie presents an exclusive offer on beautiful American Flavor China!

Sports Sunday

Blasts 8 homers in doubleheader sweep

Angelina wallops Ponies twice

by Bob Hoff

Pond's coach John Stone said the Ponies were looking to end their current losing streak (3-6), and the team came off the bench in the first inning.

The Ponies got off to a strong start, scoring three runs in the first inning. They added two more runs in the second inning to take an early lead.

Angelina, on the other hand, struggled in the early innings, but rallied in the third inning to tie the game. The Ponies then put the game out of reach, scoring five runs in the fifth inning.

The game was marked by powerful hitting, with both teams hitting home runs and driving in runs. Angelina hit two home runs in the game, while Pond's hit three.

Walker protege inks locals

Arlington signs Jones, Kyles

by Bill Daniel

Two of the top prep basketball recruits in the nation have signed with the University of Notre Dame and the University of Kentucky, respectively.

Jones has been a key player for the Dallas Mavericks' basketball team, and Kyles has been a standout for the Houston Rockets. Both have shown great potential in their respective roles.

The signings come as a relief for the Mavericks and Rockets, who have been struggling to find consistent play from their starting lineups. Jones and Kyles will bring a much-needed boost to their respective teams.

The signings are not without controversy, however. Some fans and critics have questioned the choice of players, particularly Jones, due to his relatively short stature. Despite this, both teams are confident in their decision and believe the signings will make a significant impact on their respective teams' performance.
Carthage freshmen fourth in Cub meet

Angelinia drops Ponies

Panola baseball stats

Bowling results

CHS baseball stats

Dogs struggle in golf tourny

Plan approved to improve Martin Creek Lake Park

Brewster, Castleberry combine for victory

Key Kilgore, Carthage game not settled

Breeder, Castleberry combine for victory
Junior High bands rates first division

By William Jones

A new high school in a city will have a band that is better than the old one. "Secondly, the band received top marks from the judges during the contest," said Mrs. Bradley, who is in charge of the band.

"The band is a result of the hard work and dedication of the students," Mrs. Bradley said. "The band is a part of the school and is an important part of the school's culture."

The band will be in the first division for the second year in a row.

Seventh grade band places first

Beckville school board elects new officers

The Beckville school board has elected new officers. Bruce Baker was elected president, and John Smith was elected vice president. Susan Jones was elected secretary, and Robert Thomas was elected treasurer.

The board met for the first time in a year and a half and set a date for the next meeting.

The board also approved a budget for the next school year.

Students place first in meet

By Ruth Alexander

The Beckville High School band placed first in the meet.

"The band is a result of the hard work and dedication of the students," Mrs. Bradley said. "The band is a part of the school and is an important part of the school's culture."

The band will be in the first division for the second year in a row.

Tatum students earn UIL award

By Jack Lemon

The Tatum High School band has earned an award at the UIL state championships.

"The band is a result of the hard work and dedication of the students," Mrs. Bradley said. "The band is a part of the school and is an important part of the school's culture."

The band will be in the first division for the second year in a row.

Receiving ribbons

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Signs pose safety threat.

By Ruth Alexander

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Calendar of Events

Baker-Coosne UIL participants

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Panola People

A LOOK AT PERSONALITIES, HERITAGE AND LIFESTYLES IN OUR COMMUNITY

Panola County Post
Sunday, April 12, 1986

Ashby, veteran postal worker, mans Gary office

After 40 years in Deadwood
Old store is landmark in community
**Powell not in business for the money**

Murchie News
553-1615

**Texas Laureate Chi sorority meets**

**Panola Hospital auxiliary elects new slate of officers**

**Know Your Heritage**

**Card of thanks**

**Carthage Chatter Box**

**Carthage Travel**

**Walking.**

**Local child's work appears in national youth publication**

**Leading in project for 15 years**

**Book Club sets pace for local clean-up campaign**

**DEADWOOD NEWS**

**Visitng**

**Register for 1000 to be Given Awary**

**WAL-MART**

**strength of living**

**We Invite You To Join Us At Our**

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Religion
A LOOK AT CHURCH ACTIVITIES AND EVENTS IN OUR COMMUNITY

Set at Southside Baptist

Triple-header celebrated

While most Potosi County residents will be celebrating the Fourth of July at home this year, the Southside Baptist Church will present a triple-header of events this Sunday. The church will be hosting a Fourth of July celebration at 10 a.m., followed by a blocked-off lot for the town’s parade at 2 p.m., and then the annual fireworks display at 7 p.m. The events will be centered around the church grounds, with the lot closed off for the parade. The church is located at 123 Church St., Potosi.

Catholic Triduum detailed

Father’s Day The celebration of the Father’s Day Mass will be held at the Holy Trinity Church in Potosi at 10 a.m. The Mass will be followed by a special breakfast for all who participate. The church is located at 105 Main St., Potosi.

The Upper Room

Real Eats Weekly

First Things First

Northside presents feature film ‘Jesus’

Northside Community Church on St. Mary’s Street in Carthage is proud to host a screening of the feature film ‘Jesus’ on Sunday evening. The film tells the story of the life of Jesus Christ and his influence on the world. The screening will be held at 7 p.m. in the church’s main auditorium. The church is located at 201 N. Main St., Carthage.

Revival Rockhill Methodist Church

Easter Special

All Versions
BIBLE TAPES
25% Off
Table With Sale Items
Including Bibles
1:00 p.m. - 5:00 p.m. Monday - Friday
Northside Christian Bookstore
514 S. St. Mary Ph. 479-7008

Rehobeth teachers honored

Under the leadership of Pastor Bob Schmiel, Rehobeth Christian Church in Carthage has honored its teachers this year. The church held a special service on Sunday afternoon to recognize the dedicated work of its educators. The service included a sermon by Pastor Schmiel and a special song by the church’s choir. The church is located at 112 S. Main St., Carthage.
City of Beckville joins Panola County beautification drive

Chief Blake answers campaign questions

Employer of the year

Carthage vocational classes host event

Banquet honors employers, students

PTA plant sale draws good crowd

Suddenly A Name Turns Into A Memory

Logan News

MDE award

Anderson Tractor Sales