Carthage Schools Initiate Co-Ed PE

Serve As East Texas Pilot Program

"We're still in the planning and building stage," Nik Walker, the program's director, said. "But we've got a lot of things in place, and we're going to start seeing some initial results this winter." The program's main goal is to increase physical activity among students, with an emphasis on encouraging a healthy lifestyle.

Walker expects the program to have a positive impact on student health and wellness. "I think it's going to be great for our students," he said. "They're going to have more opportunities to get active, and I think they'll enjoy it." The program will begin with a pilot group of students and will expand to include more students in the future.

Walker adds that the program will work closely with teachers to ensure that it is integrated into the school day. "We're going to make sure that the classes are well-balanced and that they're not too overwhelming for our students," he said.

The program is currently being funded by a grant from the Texas Education Agency, and Walker hopes to continue to receive funding in the future.

Local Government Costs $543 Each

The annual percentage in which New York State itself and the counties in it is having to meet to cover the cost of providing local government is so high that it is having to pay 20% more for its services. This is according to recent reports by the state's comptroller and the state's budget director.

Walker said that the program is still in the planning stages and that he expects to have more details about it in the near future. "We're going to have to work with the teachers to make sure that it's going to be a success," he said. "But I'm definitely excited about it."
Know Your Heritage

In the News

Tatum Horse Show Results Announced

Tatum Honor Roll Lists 30 Students

Bealls Gifts

Western Auto

CHICK INN

Our Selections Opel

Panola Lumber & Hardware

COLD Weather Means

GIFT CERTIFICATE

Christmas Cheer!

The Passion Ring

A Color Changing Ring

Treat Yourself

Your Choice Of Colors

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10" Wide-Assortment.

Special Group Reduced

To $1.00 Per Yard.

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3" Wide Band

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**EDITORIALS**

**Between The Lines**

**Nationalization Hits Oil Firms**

CHRISTIANITY PLAYS A CRUCIAL ROLE in the minds of people who believe in its teachings. It is the foundation of many traditions and rituals followed by billions of people worldwide. The principles of Christianity emphasize love, forgiveness, and compassion, and these values are reflected in various aspects of daily life. In many cultures, the practice of Christianity is deeply rooted in the community life, with religious practices and ceremonies being central to social gatherings and celebrations.

**Your company has no retirement plan, and you know Social Security won't be enough.**

Shelby-Panola Federal Savings & Loan's new tax-sheltered retirement plan may be the answer.

Open an Individual Retirement Account (IRA) and check today, and during your retirement years, you'll be able to do things that you can't do now.

Payments may begin after the age of 59. If you receive your money as a lump sum, or as monthly, quarterly, or semi-annual payments, you'll pay federal income tax on the amount of each payment. Your IRA contributions are deductible up to 20 percent of your adjusted gross income for the year in which you make the contribution. Your IRA earnings are tax-deferred until you withdraw them.

This plan is available to any taxpayer who has an active participation in a qualified retirement plan during the taxable year.

You can contribute up to $5,000 annually to your IRA. Your IRA earnings are tax-deferred until you begin to receive retirement payments. Your IRA interest rate is likely to be in a lower tax bracket.

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- Over 100 local businesses
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**FROZEN FOODS**

- CAT LITTER
- SAUCE
- SAUERKRAUT
- PRUNES
- CAPSULES
- JUICE
- قائمة الأسماك
- فيتامين

**MEAT DEPT.**

- WILSON CHEF-1 SPLIT PORK
- BROOKSHIRE REG. ON BEEF

**STRAWBERRY MASHED POTATOES**

- 8 LB. BAG

**SWIFT PLAIN CHILI CRACKERS**

- HY-TOP SALTED CHILI CRACKERS

**Brookshire Bros.**

- THE BEST FOR LESS

**CUP-A-SOUP**

- Cream Style Soup
- Cheese Style Soup
- 15 CANS

**LUPIN**

- CUP-A-SOUP
- 15 CANS

Toledo Fish Population Good

Rodeo of indoor conservation program, in which avian, fish, and reptile species are being studied. The project, which has been underway since 1986, includes the construction of several artificial ponds and the introduction of exotic species to the area. The goal is to assess the impact of different factors on the survival and reproduction of these species in a controlled environment.

Open Burning Law Changes Are Due

New restrictions are being considered for open burning laws in the area. The changes are aimed at reducing air pollution and protecting the environment. The current law allows for burning of yard waste and other materials, but the proposed changes would limit the amount of materials that can be burned and require permits for certain types of burning.

Crop & Livestock Reports

The latest reports indicate that crop yields are expected to be above average this year. Livestock producers are also seeing good results, with beef and dairy cattle prices remaining stable. The reports also note that there is a strong demand for organic products, which has led to an increase in the number of farmers growing organic crops.

Pecan Storing Tips

Tips on storing pecans to maintain their quality and extend their shelf life are provided. It is recommended to store pecans in a cool, dry place and to avoid exposing them to direct sunlight. Proper packaging and labeling are also important for maintaining the quality of the pecans.

Louise Looks

The Great New NATURAL LOOK & FEEL For Men

The Farm Is The Thing! We offer you a new style and freedom of choice. Perms for men are in. They're great.

CUT AND PERM "LUX" Call

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Women appreciate that kitchen now they pay more to have it today.

Working conditions are a big topic of housework today. In many women work in poorly designed kitchens. Our new, gas or electric, work-saving kitchens will cut your time and energy. We'll work very closely with you. We'll help, guide you and plan at no cost to you. We'll do it all for a low heating. Come in today.

Materials

Plans

Ideas

DEN'S - GARAGES - Attic Rooms - CARPORTS - PORCHES - KITCHEN ADDITIONS

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- **QUARTZ CRYSTAL I.C.D.**
  - Value: 888
  - Description: Digital watches with quartz crystal I.C.D. for accurate timekeeping.

- **DIGITAL WATCHES**
  - Value: 69.95
  - Description: Digital watches featuring a distinctive design.

- **COMPASS ELECTRONIC 8-DIGIT CALCULATOR WITH PERCENTAGE KEY**
  - Value: 9.99
  - Description: Electronic calculator with compass function and percentage key.

**ELECTRICAL ACCESSORIES**

- **LADIES' "TWIN HEAD" SHAVING**
  - Value: 13.95
  - Description: Twin head shaving device designed for comfort and precision.

- **DIGITAL CLOCK RADIO**
  - Value: 19.99
  - Description: Digital clock radio with AM-FM tuning.

- **ELECTRIC CURLER/STYLER**
  - Value: 6.95
  - Description: Electric curler/styler for versatile hair styling options.

- **DELUXE "SAM" 700 WATT STYLER-DRYER WITH 6 STYLING ATTACHMENTS**
  - Value: 12.99
  - Description: 700 watt styler/dryer with various styling attachments for professional results.

**BEAUTY AND GROOMING**

- **HAIR SHAVER WITH 2 HEADS**
  - Value: 12.99
  - Description: Dual head hair shaver for efficient grooming.

- **MEN'S DUAL HEAD ELECTRIC SHAV**
  - Value: 16.99
  - Description: Dual head electric shaver for a smooth shaving experience.

**HOME APPLIANCES**

- **DIGITAL PICTURE FRAME WITH BUILT-IN ELECTRONIC FLASH & TIMER**
  - Value: 89.95
  - Description: Digital picture frame with built-in timer and electronic flash.

- **“GERMAN” LEATHER WALLETS AND CLUTCH PURSES**
  - Value: 29.99
  - Description: German leather wallets and clutch purses with classic design.

**KITCHEN ESSENTIALS**

- **AUTOMATIC 9-CUP COFFEE PERK**
  - Value: 15.98
  - Description: Automatic coffee perker with 9 cup capacity for hassle-free brewing.

- **COVERED ELECTRIC FRY PAN**
  - Value: 14.99
  - Description: Electric fry pan with a lid for convenient cooking.

**ELECTRONICS**

- **LARGE FRIDGE REFRIGERATOR**
  - Value: 169.95
  - Description: Large refrigerator for efficient food storage.

**TOYS AND GAMES**

- **ADULTS' VIBRATING BOYD MASSAGER**
  - Value: 29.95
  - Description: Vibrating body massager for relaxation and comfort.

**BEAUTY ACCESSORIES**

- **MEN'S CASHmere CASHmere**
  - Value: 788
  - Description: Men's cashmere clothing item with a luxurious feel.

**CHILDREN'S PLAYSETS**

- **INSTANT PICTURE CAMERA WITH BUILT-IN ELECTRONIC FLASH & TIMER**
  - Value: 19.99
  - Description: Instant picture camera with electronic flash and timer for photography.

**HOME DECOR**

- **HAIR DRYER**
  - Value: 19.99
  - Description: Hair dryer for quick and effective drying.

**ACCESSORIES**

- **UNTOUCHED COMPACT**
  - Value: 9.99
  - Description: Compact for personal use and convenience.

**OTHER ITEMS**

- **SAFETY RAZOR**
  - Value: 9.99
  - Description: Safety razor for precise cutting needs.

- ** 직접 청소기**
  - Value: 19.95
  - Description: Direct cleaning tool for quick and easy cleaning.

**HOME IMPROVEMENT**

- **DIRECT CLEANING TOOL**
  - Value: 19.95
  - Description: Direct cleaning tool for effective cleaning tasks.

**THEMATIC ITEMS**

- **INSTANT PICTURE CAMERA WITH BUILT-IN ELECTRONIC FLASH & TIMER**
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